

About Us

U.S. Mobile Health Exams provides quality mobile health testing services to general industry and municipalities throughout the United States. Our services are provided in one of our state-of-the-art mobile health trailers and staffed with highly trained and credentialed personnel. In support of service requirements that exceed mobile unit capabilities or capacities, we use space within our clients' facilities to augment mobile-unit testing.

Our list of MOBILE services includes:

- + **Annual Hearing Tests** – Audiometric Testing & Training
- + **Respiratory Clearances** – Medical Clearance, Spirometry, Fit Testing
- + **Physical Exams** – Medical Surveillance, HAZMAT, ERT, DOT, Forklift, etc.
- + **Drug & Alcohol Testing** – Random Programs, DOT, Non-DOT, MRO Services
- + **Immunizations** – Hepatitis A & B, Flu Shots, Pneumonia Shots, Tetanus Shots
- + **Health Screenings** – Blood Draws, Finger Sticks, Risk Assessments, Ultrasounds

The benefits we provide our clients include:

- + **Fleet of Mobile Units** – Modern, clean, privacy oriented
- + **Competitive Pricing** – Per-person or Daily rates available
- + **Flexible Scheduling** – Able to accommodate around-the-clock shifts
- + **Professional Staff** – Highly experienced physicians, fully-trained medical staff
- + **Prompt Reporting** – Clearance forms and reports returned in days, not weeks!

By bringing our services to our clients, we greatly reduce the disruption and cost normally associated with OSHA and other corporate compliance programs. We offer customized services to meet your company's requirements and we offer flexible work schedules to meet your shift needs.

Customer Service

Our Highly committed professional staff is dedicated to providing quality services. Our clients will see us as an organization that is responsive, friendly, knowledgeable, flexible and reliable. We will listen to, anticipate, recognize and satisfy our clients' information needs.



Hearing Conservation Program

U.S. Mobile Health Exams' audiometric testing program is administered in accordance with OSHA Regulatory Standard 29 CFR 1910.95. The OSHA Occupational Noise Exposure Standard contains a "Mobile Test Van Exception" with regard to obtaining an employee's baseline audiogram. If an employer utilizes a mobile testing provider, the exception allows the employer 12 months to establish a new-employee baseline audiogram.

Audiometric Testing

- + Testing booths have a triple-layer of sound proofing
- + Up to 5 employees tested at a time
- + State-of-the-art micro-processor audiometers are used for consistency and accuracy
- + Immediate comparison to baseline
- + Audiometers automatically retest any frequency where a hearing shift has occurred
- + If completed test shows an STS, most employees can receive their re-test on the same day
- + Continuous monitoring of test room noise levels
- + Otoscope exam conducted when problematic tests occur
- + Immediate distribution of Employee Evaluation Letter is available
- + Testing instructions available in 8 languages
- + Audiology review all audiograms

Documentation via Web-based Reporting

- + Secure, password protected
- + Individual hearing test reports
- + On-board Employee Evaluation Letters available in English or Spanish
- + Standard Threshold Shift (STS) reports
- + OSHA Recordable reports
- + Group reports
- + Equipment calibration reports

Audiometric Training

- + OSHA-approved video training
- + Pamphlets available upon request
- + Question and answer session available upon request
- + Sign-in sheets provided to client as documentation of training

Respiratory Protection Program

Each employee enrolled in a company's Respiratory Protection Program must have a current Medical Clearance for Respiratory Use, must receive an annual respirator fit test and must receive annual respiratory training. The U.S. Mobile Health Exams Respiratory Protection Program helps our clients maintain compliance with these key components of the OSHA Respiratory Standard 29 CFR 1910.134.

Respiratory Clearance

- + OSHA Health History Questionnaire
- + Spirometry (lung capacity test)
- + Blood Pressure Reading
- + Medical Clearances issued by a Board Certified Occupational Medicine Physician

Respirator Fit Testing

- + Qualitative fit testing using Bitrix testing protocol
- + Quantitative fit testing using OHD Fit Tester 3000 and TSI PortaCount Machines
- + Testing on N95 masks, half-masks, full-faced masks, supplied air and S.C.B.A.'s

Documentation via Web-based Reporting

- + Fit testing documentation with employee signatures
- + Medical clearance forms with physician recommendation

Respiratory Training

- + OSHA-approved video training
- + Question and answer session available upon request
- + Sign-in sheets provided to client as documentation of training
- + Training certifications or laminate wallet cards available



Physical Exams

U.S. Mobile Health Exams is happy to provide customized surveillance programs tailored to your company's needs.

Physical Exams Available:

- + HAZMAT Exams
- + HAZWOPER Exams
- + ERT/First Responder Exams
- + DOT Exams
- + Baseline Medical Exams
- + Annual Medical Exams
- + Crane Operator Exams
- + Forklift Operator Exams

X-Ray with B-Mode Reading

Electrocardiograms (EKG)

Laboratory Analysis

Vision Screenings

Results available via secure website



Health Screens

+ **Blood Tests:**

- Lipid Profile
- Glucose
- HbA1c
- Comprehensive Metabolic Panel (CMP)
- Complete Blood Count (CBC)
- Prostate Specific Antigen-Blood (PSA)
- Ovarian Cancer Marker (CA-125)
- C-Reactive Protein (HsCRP)
- Thyroid Panel with TSH
- VAP Cholesterol Test

*Finger-stick method available for certain tests

+ **Ultrasound Screenings:**

- Echocardiogram
- Carotid Artery Ultrasound
- Thyroid Ultrasound
- Abdominal Aortic Aneurysm Ultrasound
- Bone Density Test (Osteoporosis screening)

+ **Other Advanced Screenings:**

- Electrocardiogram (EKG)
- Arterial Stiffness Index (ASI)
- Ankle Brachial Index (ABI) *

*ASI/ABI is also referred to as a PAD Test (Peripheral Arterial Disease)

+ **Other Basic Screenings:**

- Body Mass Index (BMI)
- Body Composition
- Blood Pressure
- Vision Screenings/Eye Exams
- Health Risk Assessments with Aggregate Reports

+ **Immunizations:**

- Flu Shots
- Hepatitis A & B
- Tetanus
- Pneumonia



Drug Testing Programs

U.S. Mobile Health Exams provides on-site mobile collection services at your facility or anywhere our clients need collections performed. This service is great for mass hiring, career fairs or even on a periodic basis. Our collectors are SAMHSA certified and trained to collect urine, hair or oral fluid and to conduct breath alcohol testing.

Laboratory Testing

- + DOT and Non-DOT
- + Customized test panels available

Rapid Screens

- + With and without lab confirmation
- + 5 and 10 panel test available

Random Selections

- + Customized by 10 different criteria

Results available via a secured website

- + Negatives within 24 hours
- + Donor interviews on all positives

Customized Activity Reports

MRO Services



Noise Surveys

If your company has installed new equipment, revised manufacturing processes that may have changed noise levels or recently recognized the need for noise monitoring, our in-depth noise surveys offer a comprehensive solution. Noise surveys have proven to be vital assets in workers' compensation cases involving hearing loss. We provide the credibility of having a third-party, unbiased assessment, performed with state-of-the-art instrumentation.

To meet compliance with the monitoring requirements in OSHA Standard 29 CFR 1910.95, we offer two types of noise surveys:

Area Measurements using a Sound Level Meter:

- + Comprehensive area measurements are obtained using an integrating sound level meter to identify hazardous noise levels where worker mobility is not a factor. Measurements are taken at specific work stations to capture a representative sample of employees' exposures.

Personal Noise Dosimetry

- + Studies are conducted to identify noise exposed employees whose work environments are fluctuating or continually changing. Those employees are monitored for their entire work shift. The dosimeter provides a summary of each employee's measured actual average exposure and Time Weighted Average sound exposure. Area measurements are also included when personal noise dosimetry is performed.

Comprehensive Reporting

- + A final written report is provided with recommendations for compliance with OSHA's Hearing Conservation Standard. Results of area measurements and personal noise dosimetry results are included with every report.

